

	<b>DEPARTMENT OF INTERNAL MEDICINE</b> <b>Discipline of Occupational Diseases</b> <b>09.3.1.08</b> <b>Topical and calendar plan of the courses and practical lessons</b>	<b>RED.:</b>	<b>1</b>
		<b>DATA:</b>	<b>12.05.2009</b>
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"APROVE"

Chief of the Discipline

profesor

Nicolae BODRUG\_\_\_\_\_

13.01.2020

### CALENDAR PLANE

of practical lessons **Patient care and communication**  
for students of the second year, spring term, 2020

Nr.	THE TOPIC	Practical lessons
		Nr. Hours
1.	Communication in medicine as base of the doctor-patient relationship. • Application of effective communication techniques physician-patient during the medical examination. • Types of communication: verbal, non-verbal communication. Rules of good practice in patient information.	2
2.	<u>Ethics and medical deontology in the medical hospital.</u>	2
3.	<u>Informed patient agreement.</u> • Patient's right to medical information. • Principles of insurance confidentiality information and patient privacy. • Communication between nurse - nurse, nurse - patient, nurse - family member, nurse-doctor, doctor - doctor, doctor - patient, doctor - family member.	2
4.	<u>Patients Examination.</u> <u>Learning the principles of aseptic and antiseptic.</u> • Disinfectants. • Medical washing hands with soap and water.	2
5.	<u>Learning medical documentation.</u> • Rules of thermometry and complectation datasheet temperature. • Measurement of body temperature.	2

6.	<u>Learning patient care by assessing vital signs. Practice maneuvers.</u> <ul style="list-style-type: none"> <li>• Monitoring of vital signs: BP, PS.</li> <li>• Blood pressure measurement according to Korotkoff method.</li> <li>• Peripheral pulse palpation at a.radialis.</li> </ul>	2
7.	<u>Learning patient care by assessing vital signs. Practice maneuvers.</u> <ul style="list-style-type: none"> <li>• Pulseoximetry.</li> </ul>	2
8.	<u>Syringes assembly technique: for subcutaneous, intramuscular, intravenous, preparing infusion system.</u> <u>Learning practical skills in the oxygen therapy.</u> <u>Learning administration on the nasal cannula, oxygen mask.</u>	2
9.	<b><u>Evaluation at the University Center of Simulation in Medical Training</u></b>	2
10.	<u>Learning practical skills of personal hygiene of the patient immobilized.</u> <ul style="list-style-type: none"> <li>• Hygiene of eyes.</li> <li>• Hygiene of ears.</li> <li>• Hygiene of nose.</li> <li>• Oral hygiene.</li> <li>• Hair care.</li> <li>• Patient washing in the shower, bathtub.</li> <li>• Toilet of the immobilized, adynamic patient.</li> </ul>	2
11.	<u>Bedsore. Basic concepts</u> <ul style="list-style-type: none"> <li>• Prevention of bedsore.</li> <li>• Care of the patient with present bedsore.</li> </ul>	2
12.	<u>Alimentation of patient with severe disease at bed.</u> <ul style="list-style-type: none"> <li>• Medical diets by Pevzner</li> </ul>	2
13.	<u>Learning medical positioning the patient in bed.</u> <ul style="list-style-type: none"> <li>• Patient mobilization.</li> <li>• Rules positioning and changing the patient's position in severe condition.</li> <li>• Orthopnea position supported of the patient in the bed.</li> <li>• Dorsal decubitus position supported of the patient in the bed.</li> <li>• Ventral decubitus position supported of the patient in the bed.</li> <li>• Lateral decubitus position supported of the patient in the bed.</li> <li>• Semidecubit medical position supported of the patient in the bed.</li> </ul>	2

	<ul style="list-style-type: none"> <li>Assisting patient bedside positioning and movement to the room.</li> </ul>	
14.	<b><u>Examination.</u></b>	2
<b>Total</b>		<b>28 hours</b>

#### Literature

- Caraven R.F., Hirnle C.J. Fundamentals of Nursing - Human Health and Function, J.B. Lippincott. Comp., 2010.
- Jamieson E.M., McCall J.M., Blythe R. Guidelines for Clinical Nursing Practices, Churchill Livingstone, 2009.
- Gramma Rodica, Paladi Adriana. Behavioral Sciences. Compendium. Didactic material for medical students. Chişinău. Medicina, 2011.